



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

## **NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**LIFE ORIENTATION  
COMMON ASSESSMENT TASK  
SEPTEMBER 2025**

**MARKS: 100**

**TIME: 2½ hours**

**This question paper consists of 10 pages.**

**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of THREE sections, namely SECTION A, SECTION B and SECTION C.
2. The questions in SECTION A and SECTION B are COMPULSORY.
3. Answer any TWO questions in SECTION C.
4. Read ALL the questions carefully.
5. Number the answers correctly according to the numbering system used in this question paper.
6. Write neatly and legibly.

**SECTION A (COMPULSORY)**

Answer ALL the questions in this section.

**QUESTION 1**

- 1.1 Various options are provided as possible answers to the following questions. Choose the answer and write only the letter (A–D) next to the question numbers (1.1.1 to 1.1.5) in the ANSWER BOOK, e.g. 1.1.6 D.

1.1.1 An example of chronic stress:

- A Always being tense about planning an upcoming event
- B Regularly feeling nervous before an important presentation
- C Frequent tension during a disagreement with friends
- D Constant anxiety about meeting the expectations of others

1.1.2 An example of an environmental intervention programme:

- A Educational activities encouraging residents to report gang-related crimes in the area
- B A training course teaching the community how to effectively manage the sewage systems
- C A campaign to empower communities on the benefits of recycling waste efficiently
- D Research conducted by local authorities to highlight the effects of waste dumping in rivers

1.1.3 A social media footprint is the ...

- A ability to stay completely anonymous while engaging frequently on social media platforms.
- B content a person shares and interacts with on social media that shapes their online identity.
- C number of followers an individual has on social media, irrespective of their online presence.
- D total number of social media platforms individuals join to send direct messages to others.

1.1.4 The National Qualifications Framework (NQF) provides a system ...

- A of accreditation for approved educational institutions.
- B to standardise the curriculum across all training programmes.
- C that records the credits of each level of learning.
- D to enhance funding for higher education qualifications.

- 1.1.5 The difference between indigenous games and traditional sports is that indigenous games ...
- A focus on recreation, while traditional sports focus on standard rules.
  - B are played by children, while traditional sports are played by adults.
  - C use elaborate kits, while traditional sports require basic equipment.
  - D are the same globally, while traditional sports differ across cultures. (5 x 1) (5)
- 1.2 Give ONE word/term for each of the following descriptions. Write only the word/term next to the question numbers (1.2.1 to 1.2.3) in the ANSWER BOOK.
- 1.2.1 A South African law that helps disadvantaged groups, people with disabilities and racial minorities to get better job opportunities (1)
- 1.2.2 The ability to understand what another person is feeling and to see things from their point of view (1)
- 1.2.3 A collection of documents, achievements, skills, certifications that shows an individual's professional abilities and experiences (1)
- 1.3 Answer the following questions by writing the answer next to the question numbers (1.3.1 to 1.3.3) in the ANSWER BOOK. Write your answers in full sentences.
- 1.3.1 Define the term *cardiovascular endurance* as used in physical education. (1 x 2) (2)
- 1.3.2 What is expected of you when answering a 'critically discuss' question in an assessment task? (1 x 2) (2)
- 1.3.3 Discuss the importance of reading the questions carefully during an examination. (1 x 2) (2)

- 1.4 Study the text below and answer the questions that follow. Write your answers in full sentences.

**TAX OBLIGATION: A CHALLENGE IN SOUTH AFRICA**

Tax fraud often sparks a debate about fairness and responsibility among citizens. Entrepreneurs face challenges in balancing their business growth while meeting their tax obligations. However, having tax-paying citizens is still vital to South Africa.

[Adapted from [www.businesstech.co.za](http://www.businesstech.co.za). Accessed on 7 January 2025.]

- 1.4.1 Give TWO reasons why it is considered an act of fraud if citizens are not paying taxes. (2 x 1) (2)
- 1.4.2 Explain how entrepreneurs can effectively manage the tax obligations of their businesses. (1 x 2) (2)
- 1.4.3 Discuss how having responsible tax-paying citizens could benefit the country. (1 x 2) (2)

**TOTAL SECTION A: 20**

**SECTION B (COMPULSORY)**

Answer ALL the questions in this section. Write your answers in full sentences.

**QUESTION 2**

Read the extract below and answer the questions that follow.

**HUMAN RIGHTS VIOLATIONS*****Safe and healthy living***

The recent sale of contaminated<sup>1</sup> food products by some small businesses in communities raised serious concerns about public health, consumer protection and human rights. Media reports indicated that some businesses had been selling hazardous food products, impacting on safe and healthy living conditions in communities. Investigations revealed that many of these businesses were operating illegally, failing to comply with food safety regulations, thereby putting the community's health at serious risk.

Although some of these businesses are owned by foreign nationals, the real issue is not about nationality, but rather the lack of enforcement of food safety laws and non-compliance by certain businesses. However, some of these owners who have been accused of selling contaminated products have become victims of xenophobia in their communities, impacting on their mental well-being. The Bill of Rights protects individuals against discrimination and guarantees the rights of all individuals, regardless of their nationality. These public health and safety standards must align with human rights to protect consumers from harm. Addressing this crisis requires a collaborative effort from individuals, communities and the government.

**Glossary:**

<sup>1</sup>contaminated: unsafe or harmful for human consumption/use

[Adapted from [www.pmg.org.za](http://www.pmg.org.za). Accessed on 2 March 2025.]

- |     |  |         |     |
|-----|--|---------|-----|
| 2.1 | State how being exposed to contaminated food products may impact a person's right to healthy living.   | (2 x 1) | (2) |
| 2.2 | Describe ONE possible benefit of small businesses in communities.  | (1 x 2) | (2) |
| 2.3 | Explain ONE factor that could increase xenophobic attitudes towards foreign business owners within communities.  | (1 x 2) | (2) |
| 2.4 | Discuss the possible impact of discrimination on the mental well-being of victims of xenophobia.   | (2 x 2) | (4) |
| 2.5 | Assess the responsibility of the media in creating awareness on safe and healthy living.   | (2 x 2) | (4) |
| 2.6 | Recommend TWO ways in which the government could reinforce current laws that prevent the sale of contaminated goods. In EACH answer, also indicate how this can ensure safe and healthy living within communities. | (2 x 3) | (6) |

**[20]**

**QUESTION 3**

Read the extract below and answer the questions that follow.

**HUMAN FACTORS CAUSING ILL HEALTH**

***Smoking in adolescents***

Factors contributing to ill health can negatively impact an individual's health and future opportunities. Recent media reports indicate that there are high incidences of learners smoking in schools, probably due to the easy access to cigarettes and vapes<sup>1</sup>. The normalisation of smoking among young people has led to a rise in experimentation and addiction, affecting their health and academic performance.

Social media plays a significant role in impacting the lifestyle choices of the youth today. Poor habits and choices made early in life could have lasting effects on the overall long-term well-being and quality of life of individuals.

A focused approach to personal well-being can help individuals make informed choices, thereby helping them to avoid harmful substances. Schools play an essential role in guiding learners towards positive habits by implementing effective measures. These measures could empower learners to make informed decisions that will benefit their long-term health and future growth.

**Glossary:**

<sup>1</sup>vapes: electronic cigarettes

[Adapted from [www.pmc.ncbi.co.za](http://www.pmc.ncbi.co.za). Accessed on 3 January 2025.]

- |     |   |         |             |
|-----|---|---------|-------------|
| 3.1 | Define the term <i>human factors causing ill health</i> .   | (1 x 2) | (2)         |
| 3.2 | Describe ONE potential long-term health risk for young smokers.   | (1 x 2) | (2)         |
| 3.3 | Explain why learners who smoke are more likely to experiment with other substances.   | (1 x 2) | (2)         |
| 3.4 | Discuss TWO ways in which exposure to social media could promote the use of substances among the youth.   | (2 x 2) | (4)         |
| 3.5 | Recommend TWO measures that could be implemented by schools to discourage learners from smoking. Motivate EACH answer.  | (2 x 2) | (4)         |
| 3.6 | Assess the significance of a personal lifestyle plan in helping young people to avoid substance abuse. In EACH answer, also indicate how this plan may help them make better lifestyle choices. | (2 x 3) | (6)         |
|     |   |         | <b>[20]</b> |

**TOTAL SECTION B: 40**

**SECTION C**

Answer any TWO questions in this section.

Your responses must consist of **paragraphs**. Marks will ONLY be allocated for responses written in full sentences.

**QUESTION 4**

Read the extract below and answer the questions that follow.

**LABOUR LAWS*****Workers' rights and obligations in the workplace***

A recent investigation into South Africa's restaurant industry has revealed that some restaurants failed to comply with labour laws, and young workers were reluctant to report these violations. It was also found that some trade union members were implicated in unacceptable workplace behaviour.

[Adapted from [www.actionsa.org](http://www.actionsa.org). Accessed on 24 March 2025.]

Write paragraphs on ***labour laws***.

Use the following as a guideline:

- Briefly state FOUR ways in which employers could ensure that labour laws are successfully implemented within their organisations. (4 x 1) (4)
  - Analyse how inappropriate behaviour of some trade union members could have a negative impact on the work environment. (2 x 4) (8)
  - Evaluate the impact on a young worker who reports labour law violations in the workplace. (2 x 4) (8)
- [20]**



**QUESTION 5**

Read the extract below and answer the questions that follow.

**THE MEDIA**  
***Being cyber-savvy***

In an advancing digital world, the use of electronic media is now more rapidly replacing print media among young people. Hence, young people are becoming more cyber-savvy, developing online skills that may assist them in counteracting unemployment while learning to stay cyber safe at the same time.

[Adapted from [www.scirp.org](http://www.scirp.org). Accessed on 24 March 2025.]

Write paragraphs on ***the media***.

Use the following as a guideline:

- Briefly state FOUR ways to maintain cyber safety while developing online skills to counteract unemployment. (4 x 1) (4)
  - Analyse how being cyber-savvy could help young people to counteract unemployment. (2 x 4) (8)
  - Evaluate the significance of print media in an advancing digital world. (2 x 4) (8)
- [20]**

**QUESTION 6**

Read the extract below and answer the questions that follow.

**RECRUITMENT PROCESSES*****General trends and practices***

Current recruitment processes are driven by technology and data analytics, with a strong focus on a candidate's work experience. Therefore, choosing the right references to list in your curriculum vitae (CV) and researching a company's mission statement may be to your benefit when you are considered for a job.

[Adapted from [www.hr-simplified.co.za](http://www.hr-simplified.co.za). Accessed on 2 March 2025.]

Write paragraphs on ***recruitment processes***.

Use the following as a guideline:

- Briefly state FOUR factors to consider when adding someone as a reference in your curriculum vitae (CV). (4 x 1) (4)
  - Analyse the importance of researching a company's mission statement when applying for available jobs. (2 x 4) (8)
  - Evaluate why an employer may choose to hire a candidate with previous work experience. (2 x 4) (8)
- [20]**

**TOTAL SECTION C: 40**  
**GRAND TOTAL: 100**